वैज्ञानिक तथा औद्योगिक अनुसंधान परिषद् COUNCIL OF SCIENTIFIC & INDUSTRIAL RESEARCH अनुसंधान भवन, 2, रफ़ी मार्ग, नई दिल्ली - 110 001 Anusandhan Bhawan, 2, Rafi Marg, New Delhi - 110 001



Dated	

No.6-9(131)/2015-Misc-E-III

Dated: 17.06.2021

From:

Joint Secretary (Admn.)

To:

The Directors/Heads of all CSIR National Labs/Instt./Hgrs/Units

Subject: Observance of 7th "International Day of Yoga (IDY) on 21st June, 2021

Sir/Madam

In continuation of this office letter number 5-1(17)/2008-PD dated 17.03.2021, It is further notified that that depending on the local circumstances, officials/employees may be encouraged to participate in IDY 2021 from their homes or in small gatherings, contingent on the COVID-19 related Government guidelines on the management of the pandemic – especially physical distancing norms and the use of basic protective measures such as masks and sanitizers etc.as suggested by Ministry of Ayush.

In addition, all the officials/employees of CSIR are requested to visit the site of MyGov.in for taking Yoga pledge on the Link given below :

(Integrate and Encourage Yoga through life) <a href="https://pledge.mygov.in/integrate-yoga-lifestyle/">https://pledge.mygov.in/integrate-yoga-lifestyle/</a>

( B. K. Singh)
Sr. Deputy Secretary
& Nodal Officer

## Copy to:

- 1. Office of DG, CSIR Hqrs
- 2. Office of JS(A), CSIR Hqrs
- 3. Head, IT Division with the request to make this circular available on the website and policy repository.
- 4. Office copy

Phones: EPABX-23710138, 23710144, 23710158, 23710468, 23710805, 23711251, 23714238, 23714249, 23714769, 23715303 Fax: 91-11-23714788 Website: http://www.csir.res.in