

वैज्ञानिक तथा औद्योगिक अनुसंधान परिषद COUNCIL OF SCIENTIFIC & INDUSTRIAL RESEARCH अनुसंधान भवन, 2, रफी मार्ग, नई दिल्ली.110 001 Anusandhan Bhawan, 2, Rafi Marg, New Delhi- 110 001



सा॰/No.: 5-1(17)/2008-PD

Dated

14.11.2022

प्रेषक / From: संयुक्त सचिव (प्रशासन)

Joint Secretary (Admn.)

सेवा में / To: सी.एस.आई.आर. की सभी राष्ट्रीय प्रयोगशालाओं/संस्थानों/मृख्यालय/एककों के निदेशक/प्रधान

The Directors/Heads of all CSIR National Labs./Instts./Hgrs./Units

विषय/ Sub: International Millets Year-2023:- Video Conference for introduction of healthy

and hygienic foods in the Departmental Canteens - reg.

महोदया/Madam / महोदय/Sir,

I am directed to forward herewith Government of India, Ministry of Personnel, Public Grievances & Pensions, Department of Personnel & Training, Office Memorandum No. 4/1/2022-Dir(C) dated 19.09.2022 along with Ministry of Health & Family welfare D.O letter No. G.20011/01/2016-HC dated 22.08.2022 on the above mentioned subject for your information, guidance and compliance.

The Competent Authority has also approved that Sr.COA/COA/AO (Incharge) of the Lab [Sr.DS (CO) in case of Hqrs.] will attend the Video Conference (VC) as and when required. The details of your Lab/Instts [viz - Name of the Lab, Name, Designation, Telephone/Mobile number & email ID of the Nodal Officer] may be forwarded to Policy Division (@ policy@csir.res.in) till 16.11.2022 positively, for onward transmission to DoPT.

भवदीय/Yours faithfully,

संतोष कुमार/ Santosh Kumar

अन्.अधि.(नीति प्रभाग)/ Section Officer (PD)

संलग्न/Encl. : यथोपरि/As above

प्रतिलिपि/Copy to:

1) सी.एस.आई.आर. वेबसाइट/ CSIR Website.

2) कार्यालय प्रति/Office copy.

Phones: EPABX-23710138, 23710144, 23710158, 23710468, 23710805, 23711251, 23714238, 23714249, 23714769, 23715303 Website: http://www.csir.res.in

Fax: 91-11-23714788



No. 4/1/2022-Dir (C) Government of India Ministry of Personnel, Public Grievances & Pensions Department of Personnel & Training

3rd Floor, Lok Nayak Bhawan Khan Market, New Delhi, the 19thof Sept, 2022

OFFICE MEMORANDUM

Subject: International Millets Year-2023:- Video Conference for introduction of healthy and hygienic foods in the Departmental Canteens regarding.

The undersigned is directed to refer to Ministry of Health & Family Welfare's D.O. letter No.- G.2011/01/2016-HC dated 22.08.2022 (copy enclosed) on the above subject and to say that as per the proposal brought forward by Government of India, the U.N. General Assembly recently adopted a resolution, declaring 2023 as the International Year of Millets. The resolution is intended to increase public awareness on the health benefits of millets and their suitability for cultivation under tough conditions marked by climate change.

- 2. In view of the above, the departmental canteens are advised to restrict fried food items and aerated cold drinks in their menu and replace with healthy/ millets based food items.
- 3. In addition, a Video Conference is also proposed to be convened with all the nodal officers of departmental Canteens of Central Government Offices for introduction of healthy and hygienic foods in Departmental Canteens.
- 4. All the Ministries/ Departments are requested to furnish the details of the respective nodal officer (of the rank of Deputy Secretary/ Director or equivalent) looking after the charge of departmental canteen, who will attend the said Video Conference. The details may also be emailed at the ID kb.malhotra@nic.in. This may be given top priority.

(Kulbhushan Malhotra)
Under Secretary to the Government of India
Tel No. :- 011-24646961

To,

- 1. All the Ministries/Departments of the Government of India as per the standard list. (Kind attention: Director/Deputy Secretary Incharge, Administrative Division/ Wing for necessary action / further dissemination to Establishment/ Subordinate/ Attached Offices under their jurisdiction and administrative control.)
- 2. President's Secretariat, Rashtrapati Bhawan, New Delhi;
- 3. Vice-President's Secretariat, Maulana Azad Road, New Delhi;
- 4. Cabinet Secretariat, New Delhi;
- 5. Deputy Secretary (Admn.), DOPT, North Block, New Delhi;

- 6. Comptroller & Auditor General of India, New Delhi;
- 7. Director of Audit, Central Revenue, New Delhi;
- 8. Controller General of Accounts, Bahadur Shah Zafar Marg, New Delhi;
- 9. Controller General of Defence Accounts, R.K. Puram, West Block, New Delhi;
- 10. CAO's Office, Ministry of Defence, DHQ, PO, New Delhi-110011;

<u>Copy also to</u>:- Sh. Manmohan, Deputy Secretary (Welfare), Ministry of Health & Family Welfare, Nirman Bhawan, New Delhi.



No-2446013/22/9

स्वास्थ्य एवं परिवार कट्याण मंत्रालय भारत सरकार

Ministry of Health & Family Welfare
Government of India

D.O. No. G.20011/01/2016-HC. Date: 22nd August, 2022

आलोक सक्सेना अपर सचिव

Alok Saxena
Additional Secretary

Dear Ms. Rashmi Choudhary,

As you are aware, as a measure of staff welfare, Departmental Canteens functioning from Central Government Offices/Establishments/ attached and subordinate offices are providing beverages, snacks and meals to the employees. It is imperative to introduce hygienic and healthy food to be served to the employees in the Departmental Canteen which inculcate healthy food habits among government employees.

- 2. Keeping in view of the above target, Department of Health & Family Welfare has discontinued all fried/deep fried and cold drinks items from the menu of the Canteen and introduced healthy food items like <u>Poha</u>, <u>Pao Bhaji</u>, <u>Moong Dal Chilla</u>, <u>Upama</u>, <u>Rajama Wrap</u>, and <u>fruit</u> shakes in Snacks; and <u>Khichadi</u>, <u>Missy/bajara Roti</u>, <u>Dal</u>, seasonal vegetables, curd etc. in lunch.
- 3. Also, as per a proposal brought forward by Government of India, the U.N. General Assembly recently adopted a resolution, declaring 2023 as the International Year of Millets. The resolution is intended to increase public awareness on the health benefits of millets and their suitability for cultivation under tough conditions marked by climate change.
- 4. In view of above, there is a need to propagate and encourage healthy and millets rich food among Government employees.
- 5. To achieve this goal, a video conference may be convened with the all nodal officers of Departmental Canteen of Central Government offices for introduction of healthy and hygienic foods in the Departmental Canteens. Shri Manmohan, Deputy Secretary who is looking after the charge of Welfare of this Department will be in touch with concerned officers of DoP&T.

6. Considering the importance of the matter, I request your personal attention in the matter and request you to instruct the concerned officials of your Department accordingly.

With regards,

Ms. Rashmi Choudhary,

Addl. Secretary (Admn.)

Department of Personnel & Training,

North Block, New Delhi.

Yours sincerely,

(ALOK SAXENA)

36.8.2

JS (Aden)